



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

**NORTH SUBURBAN
YMCA**

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FOR IMMEDIATE RELEASE

NSYMCA Offers “School Days Out” Camp

Provides a Safe Place for Children During Winter Break

Northbrook, IL; December 2021: The North Suburban YMCA is once again offering its popular winter break “School Days Out” camp featuring daily field trips, sports, crafts, and games for children in kindergarten to 5th grade. Camp is held from 8am – 6pm on December 20-23 and December 27-30 at the Y, located at 2705 Techny Road in Northbrook. The cost is \$63 for Y members and \$75 per child per day for non-members.

“School Days Out” camp is designed to give parents peace of mind that their child is entertained and well cared for in a safe, nurturing environment. Research shows that children benefit from academic and social programs outside of school, helping to improve grades and social skills, while building a connection to their community.

“Children can benefit greatly from staying involved, even on long school breaks. Our dedicated staff makes sure children are developing the values, skills, and relationships that lead to positive behavior, better health, and greater educational achievement,” said Kathy Fielding, CEO of the North Suburban YMCA.

For more information about “School Days Out” camp or to register, call (847) 272-7250 or visit www.nsymca.org.

About the North Suburban YMCA

The North Suburban YMCA services Northbrook and 14 surrounding communities with programs and tools that help its residents become healthier, more connected, and confident, ensuring that everyone, regardless of age, income, or background, has the opportunity to learn, grow, and thrive. The NSYMCA

focuses on Youth Development, Healthy Living, and Social Responsibility and is a charitable organization, inclusive and welcoming to all in our community.
Learn more at NSYMCA.org



Photo Caption: *The North Suburban YMCA is offering its popular winter break “School Days Out” camp for kids in Kindergarten to 5th grade.*