



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

**NORTH SUBURBAN**  
**YMCA**  
2705 Techny Road  
Northbrook, IL 60062  
[www.nsymca.org](http://www.nsymca.org)

**For More Information Contact:**

Carolyn Gessner  
Creative Marketing Associates, Inc.  
[carolyn@cmacreative.com](mailto:carolyn@cmacreative.com)  
[www.cmacreative.com](http://www.cmacreative.com)  
847 858-4203 (direct)

FOR IMMEDIATE RELEASE

**Kids Keep Busy on School Holidays at YMCA Day Camps**

**Northbrook, IL:** When school goes on break, kids can get bored and parents can be left scrambling for child care. To fill that time with safe, fun activities, the North Suburban YMCA offers day camps for children in grades K through 5. These flexible, engaging programs run on most days over Thanksgiving and Winter breaks from 8:00am to 6:00pm, providing an excellent option for working parents and antsy youngsters.

YMCA day camps include a variety of activities throughout the day, designed to appeal to all kinds of children and their interests. Campers take full advantage of the Y's facility and resources, including indoor swimming, games in the gym, and art projects. They are supervised at all times by the Y's professional staff who put the greatest priority on making each child feel welcome, secure, and encouraged.

Children also enjoy field trips to local venues, with different trips offered each day. Kids can experience live theater at the Marriott Lincolnshire, cheer on jousting knights at Medieval Times, challenge their skills at Putting Edge Glow in the Dark Mini Golf, or bounce off some energy at Sky High Trampolines, among other fun-filled destinations. For a list of specific trips and dates, contact the Y at 847 272 7250.

School Days Off Camp at the Y will be offered on the following dates:

- Thanksgiving Break: November 23
- Winter Break: December 23, 26 - 30 and January 2 – 6.

Children may be registered for single days or any combination of days, with a fee of \$60/day for Y members and \$75/day for non-members. All camps are held at the North Suburban YMCA, 2705 Techny Road in Northbrook. For more information or online registration, visit [www.nsymca.org](http://www.nsymca.org) to view the Fall Program Guide.



**Photo Caption:** Field trips are just part of the fun for kids in the North Suburban YMCA's School Days Off Camp. Register now for Thanksgiving and Winter Break camps at [www.nsymca.org](http://www.nsymca.org).

**About the [North Suburban YMCA](#)**

The North Suburban YMCA serves 15 northern suburbs of Chicago, and for over 48 years has provided programs and services that address youth development, healthy living, and social responsibility every day. Working together for good is who we are: An association of people united in a common effort to help individuals become healthier, more connected, and confident. There is no other nonprofit quite like the Y: We have the national and local presence and partnerships to not just promise, but deliver, positive change, making sure that everyone, regardless of age, income or background has the opportunity to learn, grow and thrive. For more information, visit [nsymca.org](http://nsymca.org).