



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

**NORTH SUBURBAN
YMCA**
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FOR IMMEDIATE RELEASE

Holiday Giveback at the North Suburban YMCA Includes “Blessing Bags” for the Homeless

Northbrook, IL: November 2021 – The North Suburban YMCA’s Social Responsibility Committee is hosting a Holiday Giveback Drive and Packing Day event, with a focus on collecting essential items for “Blessing Bags” to donate to the homeless. The Committee will be delivering the “Blessing Bags” to the homeless through Project I Am, a Chicago-based 501c charity.

Volunteers are needed to participate in the Y’s “Blessing Bags” packing day on Saturday, December 4 from noon to 2pm at the Y, located at 2705 Techny Rd. in Northbrook. Packing day will also include holiday craft making and a special visit by Santa and Mrs. Claus.

To fill each “Blessing Bag” the NSYMCA is collecting essential items including baby wipes, mini-bottled waters, socks, Neosporin, travel-sized first aid kits, chap stick, travel-sized Vaseline, toothbrush, toothpaste, deodorant, travel-sized shampoo and conditioner, washcloths, pocket tissues, granola bars or trail mix, peppermints, and travel-sized hand sanitizer. All donations can be dropped off at the Y’s front desk through December 3rd.

“There are so many ways that our community can donate to the Y’s Holiday Giveback cause. You can sign up to pack blessing bags, make a donation of essential items, or make a cash donation,” explained Kathy Fielding, CEO of the NSYMCA. “Generosity is a powerful way to help those experiencing homelessness and unites us in our shared humanity. Caring for each other and giving back to our communities builds our resilience and changes lives for the better.”

To be a “Blessing Bag” packing day volunteer, please register [here](#). For more information on the Y’s Holiday Giveback packing event or to make a donation, visit nsymca.org or call 847-272-7250.

About the [North Suburban YMCA](#)

The North Suburban YMCA services Northbrook and 14 surrounding communities with programs and tools that help its residents become healthier, more connected, and confident, ensuring that everyone, regardless of age, income, or background, has the opportunity to learn, grow, and thrive. The NSYMCA focuses on Youth Development, Healthy Living, and Social Responsibility and is a 501(c)3 charitable organization, inclusive and welcoming to all in our community. Learn more at [NSYMCA.org](#).



Caption: The NSYMCA's Social Responsibility Committee is hosting a Holiday Giveback Drive and Packing Day event to donate "Blessing Bags" to the homeless.



Photo Caption: Santa and Mrs. Claus will be visiting volunteers at the North Suburban YMCA's Holiday Giveback event on December 4.

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