



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

**NORTH SUBURBAN
YMCA**
2705 Techny Road
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FOR IMMEDIATE RELEASE

New Football Clinic at YMCA Gives Youngsters a Taste of the Game

Northbrook, IL: May 2016 – The North Suburban YMCA will host a new football clinic on Saturday, June 18 in partnership with the North Shore Griffins Football Club. Children ages six to 14 are invited to participate in a 90-minute age-appropriate instructional clinic run by Griffins coaches. They then can use the skills learned in the clinic to participate in a fun Punt, Pass & Kick Challenge, with the chance to advance to the league's semi-final competition. The program will run on the athletic field at the Y, located at 2705 Techny Road in Northbrook. (In case of inclement weather, the event will be postponed to July 16.)

The Griffins Football Club, celebrating its 13th season of travel youth football in 2016, offers a superior tackle football experience for young athletes as an alternative to local park and recreational offerings. The Club competes in The Chicagoland Youth Football League (TCYFL), the largest independent youth tackle football league in the United States, which fields hundreds of teams from 48 communities throughout Chicagoland and southeastern Wisconsin. In the NSYMCA clinic, participants will be divided into age groups and run through stations where coaches will teach the fundamentals of punting, passing, and kicking. Age-group winners in the clinic competition will have the opportunity to advance to the TCYFL semi-final competition, to be sponsored by Dick's Sporting Goods in the fall.

Advance registration fees for the Griffins Football Clinic is \$25 for NSYMCA members, \$30 for non-members. Children may register on the day of the event for \$35. The first 100 participants to arrive will receive free program t-shirts. For online registration or more information, visit www.nsymca.org or contact Kim Nyren, knyren@nsymca.org.



Photo Caption: The North Shore Griffins Football Club will present a clinic for kids ages 6-14 on June 18 at the North Suburban YMCA, 2705 Techny Road in Northbrook. For registration, visit www.nsymca.org.

About the North Suburban YMCA

The YMCA is a charitable organization and relies on donations to make services available for all families and individuals in its 15-city region. All board members are volunteers, who donate their time, talents and financial resources. Located at 2705 Techny Road in Northbrook, the YMCA has served the northern suburbs of Chicago for over 45 years. The Y is about youth development, healthy living, and social responsibility, providing programs and services that address the needs of our diverse community and are accessible to all. For more information or to make a donation, contact Kim Nyren at 847-272-7250 or knyren@nsymca.org, or visit www.nsymca.org.